



St George's Hospital Charity

enhancing the patient experience

WHO THE CHARITY SUPPORT

St George's Hospital Charity supports the patients and staff of St George's Hospital and Queen Mary's Hospital, which between them serve 3.5 million people in south west London, and the hospitals also serve a population of 5 million with national and regional referrals.

Furthermore, St George's is a specialist tertiary referral hospital for up to 3.5 million people in Surrey, Sussex, Berkshire and Hampshire.

Through around 8,500 dedicated staff, the hospital trust cares for patients at both St George's in Tooting and Queen Mary's in Roehampton, as well as in local health centres and the wider community.

St George's is one of the country's principal teaching hospitals and the main site is shared with St George's, University of London which trains healthcare professionals and carries out advanced medical research – bringing benefits to patients locally, nationally and internationally.



MAKING A DIFFERENCE

Arts St George's - Motivate

Funded by the charity, Arts St George's offers participatory arts and activities for patients who are in hospital for extended periods of time, or living with long-term conditions.

Motivate, led by Temujin Gill, the choreographer of the NHS sequences in the Opening Ceremony of the 2012 Olympic Games, offered patients in neuro-rehabilitation the opportunity, over 12 weeks, to connect their favourite music to their rehabilitation goals.

The project was a fantastic success with 69 attendances culminating in final sessions being attended by family members and therapists alongside the patients.



“Central to the success of these sessions was the use of music selected by the patients. Choosing their favourite music meant they were more inclined to move and dance and it was wonderful to observe the patients taking part and their personalities shining through. The dance moves stimulated not only the motor aspects of our patients but the intellectual and emotional side too. This process in physiotherapy is integral to rehabilitation success. Patients showed an immense enjoyment in these sessions and this may be because it felt like a dance session.

It was fun and safe, and patients developed balance, co-ordination, body awareness and strength, all vital for everyday function. ”

PHYSIOTHERAPIST

St George's Young Onset Dementia Support Group

Dementia is most often seen in people over 65, with the vast majority of support services designed for this age group. However, around half of the work of St George's Cognitive Neurology service is the diagnosis and treatment of people with Young Onset Dementia, also known as early onset, where the symptoms begin before the age of 65.

Young Onset Dementia (YOD) is especially challenging for patients and their family members as it's profoundly disruptive to the lives of people who most likely still have jobs, careers and financial commitments. They are often still responsible for adolescents or young adult children and have aspirations for the later years of life, which, without a cure, cannot now be realised.

St George's Cognitive Neurology team recognised that there were virtually no age appropriate services to which younger age dementia patients and their carers could be referred to post diagnosis.

Funded by St George's Hospital Charity and thanks to public donations, the Young Onset Patient Group has grown significantly. Run by professional facilitators, up to 50 patients and their supporters now meet every six to eight weeks to talk about the challenges of living with the condition, share ideas and remain up to date on practical issues and scientific developments.

“ We were hit by a tremendous sense of isolation. None of the existing sources of support seemed to take into account the special needs of the people with YOD and their partners and families. So the St George's Young Onset Group has been a lifeline. It has been a source of professional, practical and emotional support, helping us to learn more about the illness and how to access local support. Through the opportunity to share experiences with others we know we are not alone in facing the challenges of living with dementia - it is obvious that the need for the support group is stronger than ever. ”

JACQUIE and TONY
(Diagnosed in 2010)

Children's Lung Function Unit

The Dragon Children's Outpatient Centre is a busy and pivotal part of children's services at St George's, pioneering better ways of caring for and treating young outpatients.

In 2015, thanks to generous support from the public, St George's Hospital Charity was able to provide £20,000 to purchase a Lung Function Machine which for the first time enabled the Dragon Centre to run a full respiratory service. The new equipment means that 20 fewer families a week have to travel to alternative London hospitals, saving time and reducing stress.

Treating around 20 children a week, the Lung Function Machine is used daily at the children's outpatients clinics, helping respiratory physiologists evaluate how well patients' lungs are working.

“ Having this fantastic opportunity of being able to use this equipment allows the Dragon Centre to extend the service we provide to children. We're able to undertake a range of simple to complex respiratory testing; many of the appointments are incorporated with their doctor's, enabling the child and parent to attend just once - improving efficiency and time for treatment, and importantly reducing time off work and school. As a patient, you would want to attend hospital as little as possible, but receive the outcome of results as quickly as possible, and having this equipment really does allow this to happen. ”

SARA PARSONS
Chief Clinical Physiologist for Respiratory Physiology



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HOW YOUR GIFT WILL HELP

St George's Hospital Charity relies on voluntary donations and without the support of the charity equipment such as the Lung Function Machine and projects such as Motivate simply wouldn't have been funded.

Whether it's new medical equipment, therapy services, the arts, music and participation events for patients, training for our amazing medical staff or enhancements to gardens and buildings, it all adds up...

EVERY SINGLE DONATION MAKES A DIFFERENCE.

£10

could buy new toys for the children's playrooms

£36

can fund a massage for a cancer patient

£50

can provide musical therapy for our bed-bound patients

£100

could help us buy specialist medical equipment

£500

would cover the cost of five support group sessions for the Young Onset Dementia patients and their carers

£1000

could contribute towards upgrading our equipment at our Simulation Centre so that we can provide patients with the latest high-fidelity simulation and audio-visual equipment

THE CHARITY SUPPORTS ST GEORGE'S AND QUEEN MARY'S HOSPITALS AND COMMUNITY SERVICES IN SOUTH WEST LONDON

With your support we will be able to continue funding projects and equipment which touch the lives of the thousands of people cared for by St George's and Queen Mary's Hospital each year.

www.stgeorghospitalcharity.org.uk follow us on  

ST GEORGE'S HOSPITAL CHARITY

St George's Hospital Charity exists to bring additional benefits to the hospitals with a mission to 'enhance the patient experience'. We fund items and support projects which are 'over and above' what the NHS provides, specifically:

- Projects which enhance the hospital's physical environment for patients, their families and staff
- State of the art equipment
- Advanced medical research, and patient therapies

Please read further about some examples of how the charity is delivering against its aim to enhance the patient experience.

WHAT MAKES THE HOSPITALS SPECIAL

As well as being a national centre for neurosciences, cancer, stroke, cardiac, family HIV and genetics, just some of the things that make the hospital so special include:

- St George's was the first hospital in London to provide 24 hour primary angioplasty services, a procedure used to widen blocked or narrowed coronary arteries, and has a designated Heart Attack Centre
- The hospital has one of only four Major Trauma Centres in London and in April 2014 the hospital helipad opened for operation - one of only two in London
- The hospital has a designated large Hyper Acute Stroke Unit and in 2014/15 received over 1,700 stroke patients
- Through Queen Mary's amputee rehabilitation Douglas Bader Unit, the hospital is an established international centre of excellence and a national leader in the research and development of rehabilitation techniques
- St George's is a major centre for fetal medicine, paediatric surgery and neonatal care

HOW YOU CAN DONATE

There are many ways you can donate to St George's Hospital Charity

ONLINE Visit us online at www.stgeorghospitalcharity.org.uk

BY PHONE Call the charity on **020 8725 4522**

BY TEXT Text **STGC22 £10** to **70070**

IN PERSON Visit the Fundraising Office at the Grosvenor Wing main reception

CHEQUES Please make cheques payable to 'St George's Hospital Charity' and send to St George's Hospital Charity, St George's Hospital, Blackshaw Road, Tooting, London SW17 0QT

Thank you so much.

Find out more at www.stgeorghospitalcharity.org.uk
or you can follow us

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